

PSYCHOLOGY 240-HEALTH PSYCHOLOGY
Thursdays, 2:00pm-4:45pm
Dr. Rosalyn M. King, Professor

First Day Agenda

Today's Objectives

- Overview of Course and Requirements
- Required Texts, Assignments and Expectations
- Bonus Points
- Class Attendance, Participation and Conduct
- Psychology Activities & Psychology Club
- Study Abroad Tour for 2012
- Questions & Answers
- BREAK
- Introductions
- Formation of Groups
- Discussion of Health Issues and Impacts

Course Website

- King's Psychology Network (www.psyking.net)
- Straub's Website: www.worthpublishers.com/straub

Documents to Download

- Portfolio Guidelines (Psy 201-202-Lessons and Handouts)

Today's Activities and Discussion

Part 1:

- In your groups, share something about yourself with the group. Your favorite music, movie, books you are reading, hobbies, leisure time activities, plans for course of study, married, single children and work. 3 positive qualities about you.
- Address the question: Why are you taking this course?
- Name one health issue you find important? Tell us why you find it important.
- Select a reporter from your group. Introduce the group to the class and share student interests, answering the questions above.

Part 2:

- Discuss the question: Why is there a health and healthcare concern in America and the world?
- Discuss the economic, educational, political, social, environmental and medical impacts on health and healthcare policy.
- Designate a recorder and discussion leader.

Assignments for Next Class

- Read Chapter 1 in your textbook and the article on Positive Health.
- In preparation for viewing of film and discussion, peruse Chapter 12 in your textbook.