THE SELF-ASSESSMENT OF LONELINESS AMONGST MEN ATTENDING NVCC

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WHY STUDY MEN'S LONELINESS

• Make Nova a more inclusive / social livelihood for men attending community college
• lack of previous research on the topic
• Gain more information
• Exposing loneliness as an ongoing issue
LITERATURE REVIEW

- It is hard to pinpoint the exact cause of loneliness
- Poor emotional intelligence
- Anxiety
- Depression
- Research Methodologies
RESEARCH DESIGN AND METHODOLOGY

- Bracketing and phenomenological reduction
- Delineating units of meaning
- Clustering of units of meaning to form themes
- Summarizing each interview, validating it and where necessary, modifying it
- Extracting general and unique themes from all the interviews and making a composite summary
EXPLICATION AND FINDINGS

• Purposive

• Fifteen men from NOVA Loudoun Campus were invited to the study and informed thoroughly on its details. Those who found the details to be good agreed, and signed a consent form. After which the Northern Virginia Community College (NVCC) Loneliness Phenomenon Questionnaire was applied via a conversational interview.
have you ever been alone in a crowded room?
CONCLUSION

• Difference between group one (Single) and Group two (In relationship)
• Loneliness was less of a “diseased” emotion to be avoided, but rather an experience which simply would occur
• Hypothesis was not supported by data
FURTHER STUDY

- Need for a larger study
- A longer, more detailed survey and more time for conversation
- Find a correlation between being alone and being lonely
WORKS CITED


